



Bereavement Support

Seven-Week Grief Support Group For individuals 18-45 years grieving the death of a significant person in their life

Every Wednesday on Zoom
April 7 - May 19, 2021
7:00 - 8:30PM

"Each person's grief is as unique as their fingerprint. But what everyone has in common is that no matter how they grieve, they share a need for their grief to be witnessed."

David Kessler
Finding Meaning: The Sixth Stage of Grief

Register with Kelly Bell
Call 613-542-5013 ext. 3 or
Email: kelly.bell@hospicekingston.ca

- ◆ The death occurred at least three months ago
- ◆ Pre registration required
- ◆ No fee to participate
- ◆ Dates and times subject to change due to participation